

Peggy Tabor Millin integrates her gifts as a writer and teacher to inspire a fearless approach to creative expression. She defines her approach as “feminine” because it emphasizes process rather than product and intuition rather than mental analysis while allowing space for the unconscious to play with *not knowing*.

“Our culture is predominantly built on a masculine model that emphasizes the mind—reason, data, linear thinking, individuality, and analysis—over the feminine model—intuition, feeling, global thinking, relationship, and synthesis,” says Millin. “It’s time to synthesize these two energies. Men as well as women profit from bringing more of the feminine into their creative efforts.”

In her new book *Women, Writing, and Soul-Making: Creativity and the Sacred Feminine* (Asheville: Story Water Press, 2009), Millin inspires the reader to find a path to her own voice so that she can express her own truth. She believes that no matter what we write about or even whether we see ourselves as “writers,” writing is a powerful tool for self-exploration, transformation, and healing. She has also witnessed how the self-acceptance that arises through writing in community spills over to all aspects of participants’ lives.

Through ClarityWorks, based in Asheville, North Carolina, she facilitates women in the writing process at regional and national workshops and retreat centers. She also teaches and leads workshops in North Carolina for the Great Smokies Writing Program at University of North Carolina, Asheville; North Carolina Writers Network, Raleigh; Mountain Area Health Education Center, Asheville; Kituwah Preservation and Education Program, Cherokee; and others. She presents regularly at the Institute for the Advancement of Service, Alexandria, Virginia.

Millin’s academic degrees in English literature and the psychoneurology of language and learning disorders provided her a career as university instructor, psychological diagnostician, grant writer, clinical supervisor, and educational program coordinator. After moving North Carolina from the San Francisco Bay area in 1980, she worked for Buncombe County Schools, Mission Memorial Hospital, and spent eight years with the tribal schools of the Eastern Band of Cherokee Indians. In all her work, she is motivated by her fascination with how people learn, her love of language, and a desire to learn by continuing to share her experience. She is the published author of *Mary’s Way* (published in two languages), magazine articles, poetry, and short fiction. She lives in Asheville with her husband, Lou.

Valerie Leff, author of *Better Homes and Husbands*, describes Millin’s programs as “juicy and rich, nurturing both the intellect and the spirit. Coming to class each week is like slipping into a hot bath.”