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Women, Writing, and Soul-Making: Creativity and the Sacred Feminine

By Peggy Tabor Millin

Story Water Press, a division of ClarityWorks, Inc., Asheville, NC (2009)

As the weather turns colder, many of us feel a desire to stay close to home and hearth, as well as perhaps a drawing in toward the home that resides within each of us. There is something about winter — the bare trees, the brittle crisp of chilled air on our cheeks — that invites us to sink softly into what brings us solace and comfort and to settle more deeply into that rich storehouse in which we hold our stories and rich histories. Perhaps it is coded in our DNA to do so. When the nights grew long and cold, our ancestors gathered around the campfires, not only for the heat, but also for the warmth that came from sharing their own truths.

Each of us, no matter how commonplace we claim our lives to have been, possesses the key to our own storehouse of truths and will be surprised by the treasure that rests there. After all, we haven't gotten to this point without amassing years of stories, memories and connections. This cache of raw, but valuable, material is waiting to come to light in order to help us leave a legacy, to entertain or touch others, to challenge us and keep our brains sharp, or to simply provide form and understanding of our life experiences.

So, cozy up with a hot cup of tea and allow Peggy Tabor Millin's thoughtful book, *Women, Writing, and Soul-Making* to gently coax you on a journey of self-exploration and creativity. This is a book to be savored by those of us who identify ourselves as writers, as well as by those who've only picked up a pen to jot a thank-you note or a grocery list. In fact, I rather wish the author had flipped the words around in the title to “Women, Soul-Making, and Writing” because this beautifully-crafted book serves, first, as a voice of wisdom guiding us to come home to ourselves spiritually using the tool of writing.

You don't need to be a published or gifted writer to benefit from this nurturing process. At the same time, the accomplished writer will not be disappointed. Ms. Millin is a patient and experienced teacher who nudges us to push aside obstacles, to polish our craft and to more fully develop our individual voice. Whatever writing experience we bring, it is clear that we will emerge from this journey more acquainted with our private landscape and more adept at communicating our inner truths in a creative and clear manner.

A not-to-be-missed book for the sensitive, thoughtful and soul-seeking (including men, for that matter), *Women, Writing, and Soul-Making* is available from www.amazon.com and from the author's Web site: www.clarityworksonline.com and clicking on "Story Water Press."

~ Victoria Duncan